

Rookies Sports Camp

July 26th-July 30th

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3: Session 2					
9:00	Attendance	Attendance	Attendance	Attendance	Attendance
9:15	Line Tag	4 corners	Gaga	Steal the bacon soccer	Drip Drip Drop
9:30	Floor Hockey Drills	Water Balloon Toss	Snack	Gaga	Whiffle Ball
10:00	Snack	Snack	Capture the Flag	Snack	
10:15	Floor Hockey Game	Baseball Drills 1. Catching 2. Pitching 3. Hitting		Football practice passing	
10:30				Touch Football Game	Snack
10:45			Flinch		Basketball
11:00	Lunch	Lunch	Lunch		
11:15					
11:30	Soccer Game	Baseball Game	Relay Races	Lunch	Lunch
11:45					
12:00			Dodgeball	Partner Tag	4 corners/Flinch
12:30					